LUNCH

NOVEMBER 2026

ST. JOSEPH UNIVERSITY SCHOOL

Fuel your day • Learn, grow & shine!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Potato Bar Choice of Toppings** Vegetable • Fruit • Milk	3 **TACO TUESDAY** Vegetable • Fruit • Milk	4 **PIZZA DAY** Vegetable • Fruit • Milk	5 **Chicken Shawarma** Vegetable • Fruit • Milk	6 **Pancakes with Sausage** Vegetable • Fruit • Milk
9 **Chicken Caesar Salad** Vegetable • Fruit • Milk	10 **TACO TUESDAY** Vegetable • Fruit • Milk	11 **NO SCHOOL** **Veterans Day**	12 **Grilled Turkey & Mozz Sandwiches** Vegetable • Fruit • Milk	13 **Cheese Ravioli** Vegetable • Fruit • Milk
16 **Sweet Thai Chili Chicken with Rice** Vegetable • Fruit • Milk	17 **TACO TUESDAY** Vegetable • Fruit • Milk	18 **PIZZA DAY** Vegetable • Fruit • Milk	19 **Alfredo w/ Penne Pasta** Vegetable • Fruit • Milk	20 **Cheeseburger with Fries** Vegetable • Fruit • Milk
23 **Egg, Cheese, Sausage on Bagel** Vegetable • Fruit • Milk	24 **Turkey Dinner** Vegetable • Fruit • Milk	25 **THANKSGIVING RECESS**	26 **THANKSGIVING RECESS**	27 **THANKSGIVING RECESS**
30 **Chicken Al a King on Rice** Vegetable • Fruit • Milk				

Offered vs. Served

In compliance with the National School Lunch Act,
Students must take 3 of 5 items to meet daily guidelines.
Substitutions on the menu may be necessary.

Breakfast Menu

Cereal • Fruit • Milk • Muffin
National Hunger Hotline: 1-866-3HUNGRY

Lunch Choices

A = Main lunch • B = Peanut butter & jelly
C = Hot dog

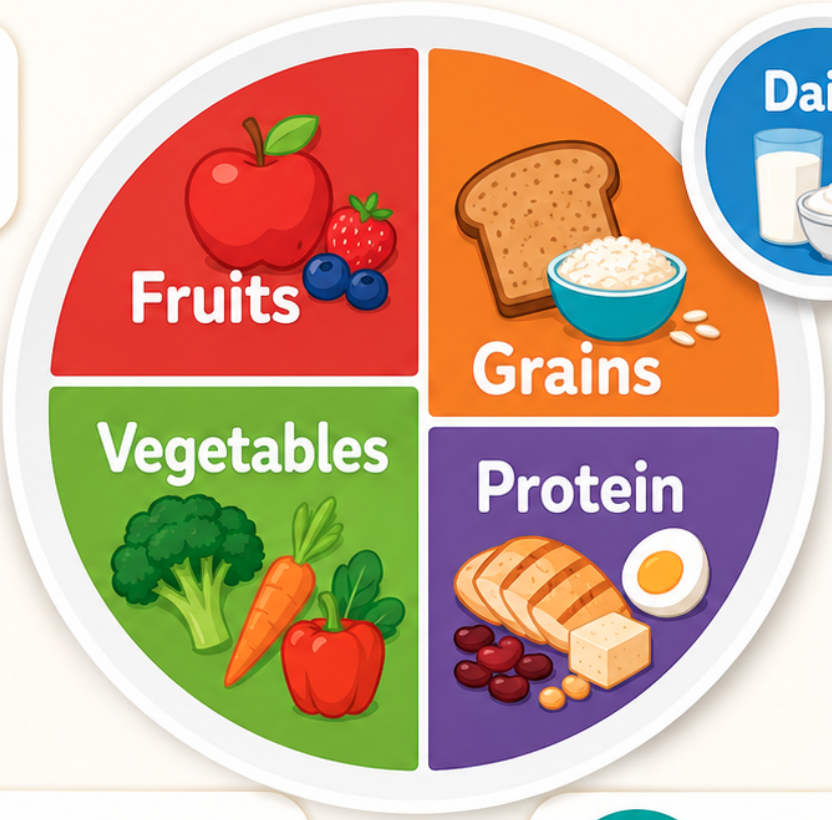
Build a Healthy Plate!

Small choices add up—one bite at a time.

Make half your plate fruits and vegetables.

Choose whole fruits.

Vary your veggies.



Choose low-fat or fat-free dairy.

Make half your grains whole grains.

Vary your protein routine.

Limit added sugars, saturated fat, and sodium.

Move more every day.

Learn more: www.ChooseMyPlate.gov