

## **SJUS Sports/Physical Education Information**

Hello families!

I would like to share some information with you for the upcoming 2022-23 school year.

### **Physical Education**

**NEW THIS YEAR!!!** Students may wear plain (no logo) gray shirts, sweatshirts, shorts, or sweatpants on Physical Education days. Students may also wear the original gray St. Joseph University Physical Education uniform with the St. Joseph logo on them, or any St. Joseph University sports team uniform. St. Joseph PE uniforms may be purchased at [flynnohara.com](http://flynnohara.com), [frenchtoast.com](http://frenchtoast.com) or [landsend.com](http://landsend.com).

Students must be in uniform and have running shoes in order to participate. If your child does not know how to tie their own shoes, Velcro is recommended.

Students who are not wearing the St. Joseph PE uniform on PE days in Grades K-8 may miss some or all of their PE class, depending on the activity.

### **Athletics**

Yearly physicals are mandatory for any student who wishes to participate in sports. All student athletes must have a current physical (within 12 months of sport start date) with clearance for athletics on file here at school before they are allowed to participate in any practices or competitions for school athletics.

The Diocese is also offering an introduction to some new sports this coming year, such as bowling, golf, kickball, tennis, and flag football. More detailed information will be sent home at the beginning of the school year about these opportunities.

As always, to provide these activities for our children, we need parent volunteers to coach or supervise. Please consider helping with our school sports this year!

### **Team Sports**

**Swim**- Boys and Girls in grades K-8 may participate.

The season runs from September to early November

Practices begin September

Car Wash and Bake Sale September 11, 2022

Swim Coach Contact: Gina Vandermeer: 716 435-4034 [sassylittlebakeshop@yahoo.com](mailto:sassylittlebakeshop@yahoo.com)

**Basketball**- Boys and Girls in grades 5 and 6 may participate in Junior Varsity, grades 7 and 8 in Varsity.

The season runs from November to early March

Practice and game dates and location TBA

Boys Varsity Coach Contact: Stephen Chisholm: 716 270-3740 [stephenchiz@yahoo.com](mailto:stephenchiz@yahoo.com)

Boys Junior Varsity Coach Contact: Tori Lewis: [vlewis596@gmail.com](mailto:vlewis596@gmail.com)

Girls Coach Contact: TBA

**Soccer**- Boys and Girls in grades 1-8 may participate.

The season runs from April to June

Practice, game dates and location TBA

Coach Contact: Tori Lewis: [vlewis596@gmail.com](mailto:vlewis596@gmail.com)

**Track and Field**- Boys and Girls in grades 5 through 8 may participate

The season runs from mid-April to late May

Practice during school hours, meet dates TBA, usually Diocesan and St. Mary's School for the Deaf

Track and Field Contact: Brenda Gojevic: [bgojevic@stjosephbuffalo.org](mailto:bgojevic@stjosephbuffalo.org)

Have a wonderful summer! Please feel free to contact me with any questions or concerns.

Brenda Gojevic

Athletic Director/Physical Education

St. Joseph University School